



The Meadow Sweet Circular



NEWSLETTER FOR THE COTTAGES AT RIVENDELL

RIVENDELL UNIT #1 FEBRUARY, 2004 EDITION

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TRACY ARENDT - TECHNICAL COORDINATOR

For Newsletter and Community info when you're out of town, visit: www.thecottagesofrivendell.com



2 Rivendell Elections Held This Month

Submitted by
Margery Arendt,
Nomination
Committee Chair

Very soon, we will be receiving two sets of proxies and ballots for annual meetings in the mail.

One is for Rivendell Unit 1. The meeting will be at Spanish Point on February 17th at 6:30 PM. There will be three issues on the ballot. There will also be an election of three new Board members.

The candidates will be Ken Alarie, Barbara Ekster, and Diane Fitzgerald. You can meet them at the clubhouse at 7 PM on the 10th of February. During this "Meet the Candidates" evening, Nominees will answer questions from their neighbors. Nomination can also be made at the annual meeting from the floor, or written in at time of voting.

If you can not attend, give your signed proxy to a neighbor or board member who will be attending the February 17th meeting.

REMEMBER:
NOT VOTING AT ALL IS THE SAME
AS VOTING **NO!!!**

The second proxy and ballot are for the Turnover meeting of the Woodlands (Big Rivendell). Their meeting is being held at the Ramada Inn on 41, February 25th at 5 PM. They will be electing a new 5 member board, and ALL Rivendell residents (including Unit 1) are eligible to vote in this election. Candidates for the Woodlands Board are Derek Curran, Manny Eframian, Jack Klingensmith, Edward Lin, and Joanne Segar. The Comcast Bulk Cable issue will not appear on the ballot at this time.

Activities Fund Report



Below you will find the *CORRECTED* monthly Activities Fund report for DECEMBER, 2003:

BEGINNING BALANCE:		\$344.47
Dec. 14	Coffee	\$12.00 \$356.47
Dec. 20	Notary Donation (Behanna)	\$4.00 \$360.47
ENDING BALANCE:		\$360.47

Current monthly Activities Fund report for JANUARY, 2004:

BEGINNING BALANCE:		\$360.47
Jan. 1	Jacobson Donation	\$5.00 \$365.47
Jan. 4	Coffee	\$6.00 \$371.47
Jan. 18	Coffee	15.00 \$386.47
Jan. 28	Notary Donation (Behanna)	\$10.00 \$396.47
ENDING BALANCE:		\$396.47

Details of the new Wal-Mart Supercenter

Copied from the January Woodlands Word

The Wal-Mart Supercenter to be built adjacent to the Osprey Post Office on U.S. 41 is expected to open in November 2004. Standing on a 20 acre lot, the 212,000 square foot store will include groceries and a garden center. It will be open 24 hours a day.

Unlike most Wal-Mart stores, this store will have an "up-scale" appearance; it will look more like a row of boutique shops rather than the typical "blue box" appearance.

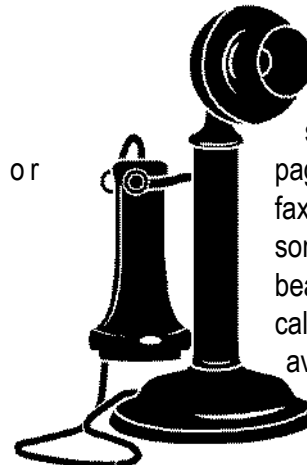
Not only will the store appear different from virtually every other Wal-Mart, but the grounds will be buffered on all sides. The part of the property along US 41 will have a 20 foot buffer, and a berm topped by hedges and trees that will screen the parking lot from view. Light poles in the parking lot will be only 12 feet tall and be designed to not light up the night sky. The part of the property to be developed as residential will also be screened by both walls and landscaping.

Wal-Mart is to pay for a traffic light at the intersection of Bay Acres Road and U.S. 41. Traffic from the store and to the adjacent Osprey Post Office will be routed along a new access road to be built by Wal-Mart that will run from U.S. 41 to Old Venice Road. A Sarasota County study concluded that the new store would bring an estimated 6,600 additional cars per day along this section of U.S. 41.

(Reporter: Linda Pearlstein)

An aerial view of the site, an architectural drawing of the completed store, and maps indicating proposed traffic changes can be found at www.ospreyfla.com/wal-mart_site.html or click on the link at www.thecottagesofrivendell.com

809 Area Code Scam



The "809" scam has many permutations but they all involve a message to you (either by E-mailphone pager) that you immediately call or fax a number in the "809" area code or some other area code in the Caribbean. Examples of why you should call or fax the phone number include avoiding litigation, receiving information about someone who has been arrested or died, winning a wonderful prize, or getting a job.

The "809" area code is in the Caribbean, yet most people are not aware that they are making an international call when they dial the "809" area code, since you simply dial 1-809-xxx-xxxx to make the call. No international codes are required.

The problem comes from the fact that some phone numbers in the "809" area code are "pay-per-call" numbers (such as 900 numbers in the US) - but there are no legal requirements that callers be informed that they are being charged extra in the Caribbean. When you return one of these "pay-per-call" 809 calls, the scamsters try to keep you on the phone as long as possible, and you may be charged very high rates for the call, reportedly up to \$25 per minute.

It is difficult to get credit for these charges if you do get scammed since you did make the call, and resolving the problem involves getting credit from international phone companies.

Since there are now many area codes in the Caribbean, this scam is no longer confined to just the 809 area code. Now, 809 is just for the Dominican Republic. For example, 242 is the area code for the Bahamas, 284 is for the British Virgin Islands, and 787 is for Puerto Rico. You can find all the new area codes at www.lincmad.com/carribean.html Or you can go to AT&T and look up any area code in the world.

Copied from: <http://www.scambusters.org/809Scam.html>

This article was originally sent by a neighbor, but in the process of verifying the information, I copied over the name. I apologize that I am unable to give credit where it is due. Tracy Arendt



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Cottage Comments:

LETTERS TO
THE EDITOR



Dear Neighbors,

This column is for your voice to be heard in our community. All points of view are welcome, but we can't include in print what we never receive. So send in comments, ideas, critiques and compliments UNDER 200 WORDS to MargArendt@aol.com, or type them up and deliver to 516.

Your Editor,

Margery Arendt

The following letter was accidentally omitted last month, and is published now with the sincere apologies of the Editor and Staff of the CIRCULAR:

Dear Neighbors,

Please Save our Washingtonian Palms. Those beautiful trees add character and appeal to our MSC, it is among the many highlights within our circle which contribute to higher resale values in our homes.

Matt and Marina Parkin 559 MSC

Dear Neighbors,

A PLEA FOR A YES VOTE regarding inner circle homeowners who want safe footing for guests and family from the street to the front door.

I have been unable to convince the 2003 Architectural Review Committee that the past board, my builder and the county all gave me permission to have stepping-stones. They have rescinded that right and I have

reluctantly removed them rather than annoy anyone further.

I need safe footing because I don't have driveway access. I will pay for it myself, will agree to conformity and want the community to support this need.

On February 17th, it is being put to a vote. Please vote YES. Not voting is like a NO vote and we need a majority. I assure you it will not distract from our nice neighborhood look. It is something that was overlooked when the development began. I don't want anyone falling because I don't have a walkway from the curb to the sidewalk. More neighbors than just myself would truly appreciate a yes vote.

Sincerely,

Vivian Kunkel 543 MSC

Dear Neighbors,

Board Candidates & Issues

This month we decide together on a new board and some needed changes. Let's elect some fresh faces and good people. Recognizing eager candidates and rewarding their willingness to serve the community with our votes will move us forward this year. Supporting individuals who will lead us in harmony at the upcoming general meeting is the right thing to do.

The MSC entrance palms issue has withered altogether, no requirements to vote on this topic... smart action by this board

Walkway extensions makes sense for interior lot properties. These homeowners should be able to provide a safe and attractive walkway to their homes, at individual expense.

Finally, why not pay attention to our own plants, trees and shrubs? ... while RivUnitl association responsibly maintains our lots and common property. This can conserve community funds, while everything grows out naturally.

Mike Georgopolis 540 MSC

Hosts & Helpers



Jan. 4 Coffee

Margery Arendt, Maury Tragar & Vivian Kunkel



Jan. 18 Coffee

Terry Sweeney, Jack & Pat Martin,
Audrey Sweeney



at the Clubhouse

Sunday, February 8th
10:00 AM to Noon.

Hosts Steve & Betty Braddich

and on Sunday, February 22nd
10:00 AM to Noon.

Hosts Marge Chandler & Allen Terman

Meet with your friends and neighbors and enjoy some sweets and treats and relaxed conversation. Donation \$1.00 appreciated. **We also need volunteers to Host the upcoming Sunday coffees.** Please call Barbara or Maury Tragar to sign up: 966-6291.

Meadow Sweet Cuisine...



Recipes Contributed by your neighbors.

Lasagna Chicken Florentine

Compliments of Marge Chandler

Serves 4

1 1/2 Tbs. butter

3 Tbs. flour

Cook and add:

2 cans evaporated milk

1/2 tsp. salt

1/4 tsp. nutmeg

1 1/2 C. cooked chicken

6 no boil lasagna noodles

1 10 oz. pkg. frozen spinach, thawed & drained

Spread 1/2 C. sauce in 8" square baking pan coated with cooking spray. Arrange 2 noodles over sauce. top with 3/4 C. chicken and 1/2 spinach. Sprinkle with 1/4 tsp pepper and 3/4 C. sauce. Repeat layers. Cover & bake at 450 ° for 25 min. Top with 3/4 C. Gruyere cheese. Bake uncovered for 5 minutes longer.

Nathan Dewey

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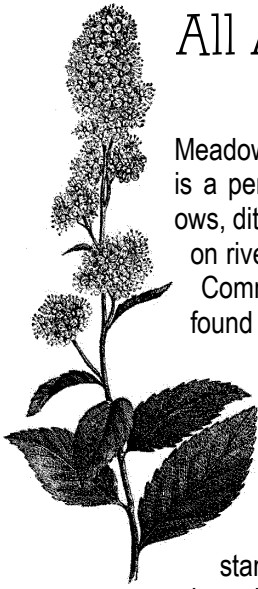
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All About Meadowsweet

Suggested by Betty Bradich

Meadowsweet, a.k.a. *Filipendula Ulmaria* (L) is a perennial herb, growing in damp meadows, ditches and bogs, at the edges of ponds, on river banks and in damp open woodland. Common throughout Europe, it is also to be found in the eastern US and Canada as far west as Ohio. The creeping rootstock sends up a reddish, angular stem, up to 120 cm tall, branched near the top and bearing alternate long-stalked, serrated leaves. The small, creamy-white five-petaled flowers grow in clusters along a straight, unbranched stem from June to August.

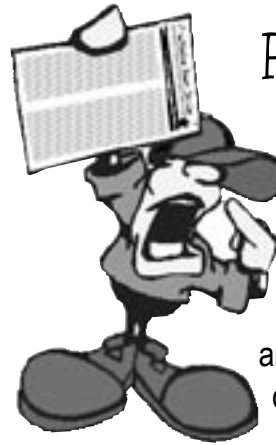
Filipendula is an excellent digestive remedy. It protects and soothes the mucous membranes of the digestive tract, reducing excess acidity and alleviating nausea. It can be used in the treatment of heartburn, hyperacidity, gastritis and peptic ulceration. Its anti-inflammatory action makes it effective against rheumatic pain while it buffers the adverse effects of isolated salicylates which can cause gastric bleeding (Aspirin can cause gastric ulceration). Other properties contribute to anti-inflammatory and diuretic actions. The astringent tannins make *Filipendula* a useful remedy in the treatment of diarrhea in children.

Filipendula is used as a supportive treatment for common colds. The salicylic acid acts to reduce fever. It is also recommended for water retention and for bladder and kidney ailments.

Meadowsweet was one of the three herbs held most sacred to the Druids (Vervain and Water-mint being the other two). It was called Medwort or Meadwort. It was also a popular Elizabethan strewing herb. The name *Ulmaria* is given in allusion to the resemblance of its leaves to those of the elm (*Ulmus*). In 1899 the drug company Bayer formulated a new drug (acetylsalicylic acid) and called it aspirin, a name which is derived from the old botanical name for meadowsweet, *Spiraea ulmaria*.

Copied and condensed from:

www.purplesage.org.uk/profiles/meadowsweet.htm



Read All About It

Thank you very much to Maury and Barbara Tragar for delivering the newsletter to all the residents of Meadow Sweet Circle every month. Your efforts are very much appreciated by the community you serve!

What's News?

From the Editor

It has been said, recently, that there is not enough NEWS in the Newsletter. We want to provide all of the relevant information possible, and we put as many items as we are aware of in the paper each month. What news are you looking for that you are not finding in the Circular?

As we are not roving reporters, we need our readers to alert us each month to items that might be of interest on Meadow Sweet Circle. We are happy to include anything we feel has direct bearing on our community. We are happier still to lend a by-line to someone willing to research and compose submitted items.

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FEBRUARY, 2004

Calendar of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8 Coffee at the Clubhouse 10 AM - NOON	9	10 7 PM Meet the Candidates at the clubhouse	11	12	13	14 
15	16	17 RU#1 Annual Meeting 7PM Spanish Point	18	19 Bridge @Marge Chandler's 7 PM	20	21
22 Coffee at the Clubhouse 10 AM - NOON	23	24	25 Woodlands Annual Meeting 5 PM at the Ramada Inn	26	27	28
29						

HANDYMAN

- Painting
- Packing/Assembly/Unpacking
- Plant Planting/Moving
- Clean Soffits/Fascia
- Clean and Organize Garages
- Clean Gutters
- Change Smoke Alarm Batteries
- Walkway Pavers Installed Over Concrete
- Single Room Painting
- Clean Patios & Patio Furniture
- House/Plant/Pet Sitting
- Installing Shelves
- Installing Faucets, Deadbolts
- Spread Mulch
- Lights Changed/Dimmers Installed



BY THE HOUR
OR BY QUOTE

CALL ALLEN: 966-2325

Valentine's Day
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To make "I love you"
Easy to say.

